



# VNFC Health Clinic Winter Newsletter

**Hello to all our lovely patients!**

We are so happy to invite you into our new clinic space! Thank you for all your patience while navigating renovations. It's an exciting time for all of us as the VNFC Wellness team and Health Clinic grows. The addition of our Indigenous Wellness Providers and Addiction Counselling has created more opportunities for supported care in the holistic approach to the journey of health and healing.

To be more accessible we want to inform you of the different ways to connect with the clinic. Our main phone number is still 250-940-2669. You can also email [wellness@vnfc.ca](mailto:wellness@vnfc.ca), or text **778-677-2040**(text only).

We will be closing for our annual Christmas break in December. The last day in the office will be Wednesday December 20<sup>th</sup>, returning on Wednesday January 3<sup>rd</sup>. Make sure you have enough of your medication to last during the holidays! If you have urgent medical needs, please connect with the "Urgent Primary Care Centre" or head to the nearest Emergency Department.

**Happy Holidays from the Staff at VNFC Health Clinic!**

